

Welcome to the S4E Newsletter

Switzerland's inclusive sailing

At the June 2016 Hansa World Championships in Medemblik, a new trophy was inaugurated—The Gold Hansa Award—to be awarded for Excellence in Inclusive Sailing and "... presented to an individual, a club, a national team or a national program who best demonstrate the spirit of inclusion in their personal, their team or national effort and bring that to our biennial Worlds." The inaugural award went to Sailability Switzerland.

Sailability Switzerland have been running for 10 years, and provide an extensive inclusive program for school groups as well as disabled programs. Their sailors support their local events and travel to other European regattas to compete. Last summer they embarked on a 5 day journey across 3 lakes in Switzerland which, despite some obstacles and high summer temperatures, was hailed a great success.

Sailing the 3 Lakes in Switzerland

In the summer of 2015, Sailability.ch carried out for the very first time, a rather extraordinary Sail Turn: The journey began at Ipsach, continued over three lakes and two canals and ended at Murten. Tents and hostels provided the accommodation en-route. At the end of the 3-Lake-Turn, everyone agreed that the adventure was definitely worth undertaking. After five days intensive sailing, the teams were able to prove that such a trip was possible with the Hansa 303.

The three-lake-trip started in Ipsach on Lake Biel. On a very hot summer's day and despite a consequently weak wind, the boats made an impressive start in the first few hours. So much so, that they celebrated with a barbeque in the Erlach Club House.

Through the Zihl- and Broye canals

On the journey from Erlach to Cudrefin on Lake Neuchâtel, the team of five boats crossed the Zihl canal. Unfortunately, because of the oncoming traffic and narrow waterways, sailing was not possible. Instead, the team called on their motorboat to tow them through. On the Wednesday, the team had to wait until the evening, before the sails could be set. The group used the rest period to travel over the lake by motorboat and explore the impressive city of Neuchâtel.



Our Patron

His Excellency
General the
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GOLD—INCLUSIVE. Intentionally designed to be inclusive. Open to anyone/everyone using Universal Design equipment and governed by Universal rules which the vast majority can understand and comply with. The equipment levels the playing field which empowers people and encourages individuality. Ideal if there is provision for those who cannot participate independently to be chaperoned. Gold Inclusive sparkles most where everyone becomes a sailor with lessening emphasis on difference/disability.



LILAC—INTEGRATED. Open to everyone, but accommodates disabled people with modified/adapted equipment. Examples are modified craft with sail area reduced for the safety of disabled, modified rules for disabled people, or additional seating to accommodate a disabled crew member on a yacht.



BLUE—EXCLUSIVE. Open to everyone, if you are good enough to gain entry. Includes elite mainstream competition like the Olympics. Conventional equipment may only be usable by able bodied people, so its therefore inadvertently discriminatory.



JADE—OPEN POSITIVE SEGREGATION. Supports individuality, supports competition, only disabled people, but all disability can participate. Discriminates against not-yet disabled people.



GREEN—EXCLUSIVE POSITIVE SEGREGATION. Supports individuality. Includes elite disabled competition like the Paralympics and world championships dominated by supported national teams. Competitors require classification. In Paralympic sailing's case not all physical disability, or intellectual disability is accepted. Discriminates against able bodied people.



RED—BENEVOLENT POSITIVE SEGREGATION. Open only to disabled people, maybe even those with a specific disability, Individuality is not encouraged, most participants are chaperoned. Examples are Special Olympics activities, the many benevolent Sailability programs which offer therapeutic sailing to clients, as against sailors. Also missionary approach.



Hansa Sailing presents Inclusion Award

As noted in our last edition, Hansa Sailing sponsored the Excellence in Inclusion award at the recent Shoalhaven Business Awards.

The award recognises individuals or businesses that address the needs of a diverse community, including seniors and people with disability. An inclusive society facilitates the needs of all its members, and encourages participation by all in everyday activities. For example, for people with disability, there are multiple elements of inclusion that go beyond regulatory compliance to create a functional and welcoming environment.

The winner was Southern Cross Community Housing.

The judges said the following about Southern Cross Community Housing:

Southern Cross Community Housing demonstrates an in-depth understanding of an inclusive society. Through its responsive and flexible approach, Southern Cross caters for its entire community. Southern Cross's core business is to provide housing for homeless, aged and people with a disability, but it goes further by initiating programs that encourage, support, provide job opportunities, and nurture its tenants to ensure their long-term wellbeing. An inclusive society meets needs and, in so doing, facilitates and encourages participation by all its members in everyday activities.

Sailing the 3 Lakes in Switzerland (cont.)

Around 19:30 pm, the impressive cloud movement meant the boats were able to carry out several manoeuvres on the lake.

The next stage of the journey took the teams towards the Broye canal. Once again, the sails were rolled in and the team used the motorboat to be pulled through the narrow waterways. Just once did it get very tight; when a passenger ship and a yacht passed the Hansa 303 boats. In sailing a course close to the shoreline, the boats had to take special care manoeuvring past



the half submerged trees in the lake.



Once everyone had reached Lake Murten the weather improved and there were ideal winds conditions for the sailors to test their skills at regatta racing. A course was set from the Broye canal to the harbour at Murten with several races testing the teams right to the end.

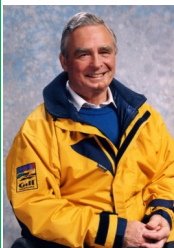
Goals achieved in every aspect.



The last day of the three-lake-trip was spent in the picturesque town of Murten. In the morning, a TV crew from Swiss television accompanied the Sailability. The intention was to produce an image film for a foundation. Unfortunately there was very little wind on the lake for any action sequences to be filmed.

By the evening, everyone concluded that the three-lake-trip had presented many challenges, not least because of the soaring temperatures. But that it was a super adventure that will live long in the memories of all those that took part. Thanks to Claudia Schmid for this story. See more on [our website](#).

Vale Ian Harrison



On 26th August we lost a true champion of the international disabled sailing community. Sadly, after a short illness, Ian Harrison passed away in Leicester UK.

Ian worked tirelessly to have the two person discipline accepted into the Paralympics, with the SKUD18 being selected for 2008, 2012 and 2016.

As a mark of respect, a moment's silence was held prior to the start of the first day of the Rio Paralympic sailing competition. Phil Vardy has composed a tribute to Ian's life and contribution to sailing, which can be read on the s4e website—[here](#)

Sailability Victoria celebrates 25 years

Australia's longest running Sailability program celebrates 25 years this year.

The first program was launched at Albert Park in Victoria in 1991 after the Sailability model was brought from the UK to Australia by Campbell Rose, His father, Dr Alan Rose, was the inaugural President of what became Sailability Victoria, and a Clubs trophy is still awarded in his honour in Victoria.



There are now 24 programs in Victoria and over 70 around Australia.

The 25th anniversary will be celebrated in mid-November with a day sail on the tall ship Tenacious for current programs and participants and a cocktail party including former office-bearers, coordinators and contributors to Sailability Victoria will be held later the same evening on board Tenacious.

Sailability Australia celebrated it's 21st birthday and NSW celebrated their 20th birthday earlier this year.



Vale Gary Corkin

In late July, New Zealand lost someone who had been integral to the Sailability program in Auckland, when Gary Corkin passed away suddenly.



Gary was a fantastic coach and mentor to many sailors in NZ and was always willing to offer advice and assistance to all sailors.

In 2012 he was awarded a Yachting New Zealand Service Award, which is noted as being awarded to someone who displays "exemplary or selfless services to the sport of yachting - the sort of person who generally doesn't seek fanfare, don't like a fuss, they just get on and get the job done. "

Sailability Auckland will be honouring Gary's huge contribution to their sailors and sailing program with a trophy to be named for him.

Modification of Hansa Products

Please note the memo below from Hansa Sailing regarding modification to products. (You can download this memo from our website—hansasailing.org)

Dear All,

Hansa Sailing wishes to advise that no modifications should be made to Hansa products as supplied by the manufacturer. Hansa products are designed with inherent safety features and alterations may jeopardize the integrity of the products' performance.

Hansa C Crane

The C Crane as designed and manufactured, has been tested to ISO 10535:2006 - *Hoists for the transfer of disabled persons*. To ensure the reliability of the welds, special welding procedures to suit the materials have been developed that have been tested and approved by a specialist laboratory. Therefore any changes to the design of the C Crane or re-welding may affect performance and safety.

Hansa Boats

Hansa boats' stability relies on:

- a) Roller reefing – please ensure the reefing systems on your boats are in good operational order.
- b) Centreboards are fully down and locked into position at all times.
- c) Seating low in the boat, keeping the centre of gravity low – do not fit seats which raise the centre of gravity of sailors.
- d) Weight restrictions as per the Owner's Manuals.
- e) Sail configuration as detailed in the Class Rules for each model.

Class rules for each boat can be found on the International Hansa Class Association website—www.hansaclub.org

We design and manufacture unique equipment which is used to provide access for disabled people, and as much as possible facilitate a level playing field across all abilities. We design and produce this equipment in good faith and presume that the end users of the equipment have an understanding of the principals involved, and will use the equipment in a safe manner. It has become apparent that this is not always so, and as the network of users has grown, we have not kept abreast of the need to provide instructions on how to use some of the equipment.

Over the next few months we will issue instructions for several pieces of equipment including an update on the C Crane, solid seats and seat belts, reefing and the need to insert the keel pin.

In the meantime we would like to stress the following:

Modification of Hansa Products (cont).

Stability and Ballast. The boats are designed with a ballasted centreboard to give stability, but this works in conjunction with the hull form, and the centre of gravity and weight of the sailor. The seats are designed to keep weight as low as possible. It should be understood that very heavy sailors sitting up high will negate the effectiveness of the ballast which can lead to excessive heeling and swamping.

The first thing to ensure is that the keel pin is always fitted, so in the case of excessive heeling the centreboard is locked in the fully down position. Next consider the weight of your sailor and the height of the seat you are using. If your sailor is likely to reduce stability then you need to consider the expected wind conditions, the sail area, and consider reefing.

Sitting high in the boat reduces stability, so the use of solid seats and cushions need to be considered. Keel pins must be correctly fitted, and a working reefing system are essential.

Bucket and other Solid Seats, and seat belts. We produce several solid seats and it has come to our attention that these may be being used not lashed or locked in position. Our bucket seat has flanges which facilitate lashing onto the aft seat tube (see page 8). If a person, who isn't capable of holding themselves in position is sitting in a sling seat and the boat heels excessively they will spill from the boat. The same thing happens if that sailor is sitting in a solid bucket type seat where

1), the seat isn't fastened in place the seat will go overboard, or 2), if the seat is fastened to the boat but the sailor is free to spill from the seat.

If there is any chance that the sailor could be spilled from the seat when the boat heels to the wind, then a seat belt should be used. You need to determine where you anchor the seat belt. It's pointless to attach it to the seat if the seat is not locked down securely. If you are using seat belts to restrain sailors then of course you have to ensure that the keel pin is always fitted.

If you have any queries about how to anchor seat belts or seats, or are using a bucket or other solid seat and have questions about safety and security, please contact us.

C Cranes. Under no circumstances are any modifications to be made to C Cranes without discussing the issue with us and understanding the ramifications of any modifications.

C Cranes are for lifting people and objects up to 120 kg in weight, and the lift is to be vertical, not with the load hauling off beyond the vertical. Pulling and lifting from beyond vertical can apply unsustainable loads on the C Crane, and also cause chafe of the rope.

Yours sincerely,

Chris Mitchell, Managing Director

World Sailing latest

The 2016 World Sailing annual conference will take place in Barcelona, Spain from November 5—13.

The conference will bring together delegates from around the world to discuss all matters pertaining to sailing.

Of most interest to us, there will be a Para World Sailing Committee meeting, a World Sailing Classes Committee meeting and a Para World Sailing Forum.

You can read more about the conference at www.sailing.org/meetings/2016-conference.php

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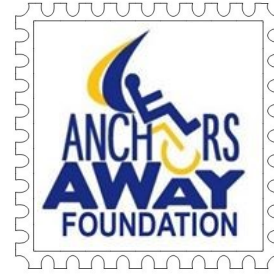
World Sailing have launched a new strategic position, vision and mission and a new logo.

Part of their mission reads: *To make sailing more exciting and accessible for everyone to participate or watch; and use our reach and influence to create a sustainable future for our sport and the waters of the world.*

Their new strategy is summed up as: sport, technology & nature in perfect harmony.



Read the whole press statement on their website—www.sailing.org



Dear Readers,

On May 12, 2016, Miami-Dade County Public Schools (M-DCPS), in partnership with the Anchors Away Foundation and the Aventura Marketing Council, celebrated 12 years of a fully inclusive sailing program for students during the school day. Through the generous support of the Foundation, and Chairman Billy Joel, M-DCPS now owns 37 Hansa boats and operates out of three locations in Miami, Florida: Oleta River State Park, the Coconut Grove Sailing Club, and the Miami Yacht Club.



We were excited to celebrate our 12th launch with the announcement of a grant from the Christopher and Dana Reeve Foundation, from Alan Brown, of the Foundation. This year's Anchors Away launch was attended by a dedicated group of benefactors and community leaders uniting in our efforts to teach students with disabilities to sail on their own while learning science, math, and life skills. There has never been a time or place when the community has come together for such a great program. Additionally, teachers, parents, and district and school site administrators joined us for a day of celebration while witnessing the ability of our students with disabilities to sail independently on the open water. This has become a hugely successful mentoring program where I am not sure who gets more from the experience, the student with a disability or their peer who learns to sail simultaneously in the boats. Through socialization and integration Anchors Away has changed the lives of thousands of students through the years. We are extremely thankful to Jackie Kay who introduced us to the inclusive sailing program 14 years ago.

Our program has become so successful that sailing programs operate just about every day of the school year. We service over 2,500 students annually in our open classroom...the Biscayne Bay. There are no walls to learning...every time we hear the sails flap, we know that there is equity in educational opportunities...there is no challenges or disabilities, only our students in touch with nature.

Regards,

Jayne Greenberg



Find our more about their work at their website—www.anchorsawayfoundation.org



Paralympics in Rio



The Rio 2016 Paralympic Sailing Competition was held from September 12-17 at Marina da Gloria, Rio de Janeiro, Brazil and IHCA's David Staley was the Technical Delegate.

80 athletes from 23 nations qualified for the 2016 Paralympic Sailing with 11 entries for the Two Person SKUD 18.

The full scheduled program of 11 races was conducted for each of the 3 fleets over 6 days, with all racing conducted on the Guanabara Bay course areas. The Bay provided some challenging characteristics for competitors, with areas of strong tide and counter-currents, confused wave patterns and shifting breezes affected by topography – at times all on one course area. Weather conditions were generally favourable throughout the competition, mainly moderate breezes with one day very light and two days when it freshened. The light breezes on day two meant only one race for the SKUD18's were completed, however these were picked up over the following two days.



Overall, the Rio 2016 Paralympic Sailing Competition was a highly successful event which showcased the sport with Sugarloaf Mountain as a spectacular



backdrop and sailing close to the spectators on Flamengo beach. Rio2016 was the first time that Paralympic sailing had a ticketed spectator area and the 3,000 places were sold out for the final day.

It is extremely disappointing that this unique and spectacular sport which provides for both genders and a wide range of disabilities will not be included in the 2020 Paralympic Games.

For David, the personal highlight from Rio was the wonderful cooperation between a highly skilled and experienced team of international officials, local race management volunteers, Rio 2016 professional staff and the national team leaders and coaches. By doing our individual jobs to the best of our ability and working well together, we enabled the athletes to have the highest quality competition. Rio threw up some significant and unusual challenges but everyone brought a positive approach. After working on the event since 2013, it was a very satisfying moment to stand back at the medal ceremony and see the sailors' years of training, travel and effort being rewarded.



Confusion about Inclusion?

Inclusion *in'klu:z(ə)n/*

Noun—the action or state of including or of being included within a group or structure.

Inclusion is a word that is becoming more prevalent when groups describe programs and events that they are running.

If you want to hear what Chris Mitchell thinks about inclusion you can see this short video, produced as part of Hansa Sailing's sponsorship of the Excellence in Inclusion award at the Shoalhaven Business Council Awards (see page 2).

The video is available via [this link](#)



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2017 European Championships in France

The IHCA has announced that the 2017 European Hansa Class Championships will be held at Mèze in southern France.

The regatta will take place from October 21 –27 and the host Club is the Yacht Club de Mèze.

More information is available [here](#) on the IHCA website.

Need more support in your boat?

Hansa Sailing offer a solid single person seat for the 2.3 and 303 wide.



The Universal Bucket seat is a fiberglass seat which can be retro-fitted to any 2.3 or 303 wide.

The seat is fitted by removing the web sling seat and securing the bucket seat over the rear seat tube.



The base of the seat fits into the skegs on the floor of the boats.

For more information, contact [Hansa Sailing](#).

San Fran's Herb Meyer Regatta

The annual Herb Meyer Cup Regatta was held on San Francisco Bay on September 24th and 25th. The Bay Area Association of Disabled Sailors (BAADS) and the South Beach Yacht Club (SBYC) coordinated the annual event again this year. BAADS was the official organizing committee and it was open to all sailors of Hansa classes Liberty, Liberty Servo, 303's and 2.3's.



This year there were 22 registered sailors and over 40 volunteers from both BAADS and SBYC. The final entries included 13 Liberty's, 2 servo Liberty's, and 2 Hansa 303's.

On Day 1, the wind was predicted to be 10 – 15 knots out of the Northeast, (normally the winds are out of the Northwest on SF Bay). The currents were predicted to be 2.0 knots after the tides turned from slack to a flood at the beginning of the races. Three exciting races were completed.

Day two of the event was disappointingly cancelled due to lack of wind (1-2 knots) and record high temperatures in the San Francisco Bay Area. The results of the races on Saturday were to become the final results for the regatta.



On the water in Scotland



Around 200 children—inspired by Rio 2016—tried sailing at Yorkhill Quay in Glasgow as part of the RYA Sail for Gold Roadshow on the 17th and 18th of August. They tried out a range of boats, including the Hansa 303, in a unique location in the shadow of a tall ship on the River Clyde.



The first Scottish Hansa Champions were crowned following the completion of the first Scottish Traveler Trophy series. Events were held at 3 clubs in the inaugural competition, and everyone agreed that it was a success and that the Series should

continue next year. Organisers hope to add a 4th venue to their 'TT series' next year and to also compete at events in England.

Italian Hansa Class Championships

The 2016 Italian Hansa Class Championships were held at Desenzano Del Garda, with 11 crews from Liguria, Friuli Venezia Giulia, Trentino, Veneto and Lombardia.



The first day that saw them having to fight not only with the efforts which are required for racing but also with very adverse weather conditions. On Saturday and Sunday the weather came back in favour with bright sun-



shine and exciting racing with the beautiful and colourful boats offering such a wonderful show from the shores of the town of Desenzano del Garda.

Some great video footage and photos of this regatta are on the IHCA website—www.hansaclass.org

Planning is already underway for the 2017 Championships, to be held in the waters of the Gulf of Trieste at Duino in late August.

Since our last newsletter

Here are a few of the stories that have featured on our website and Facebook page since the last edition of Telltales.



[Friendship Cup entry opens](#)

Entry for the Friendship Cup regatta at Tuggeranong in Canberra is now open.



[Royal Talbot Sailing Simulator](#)

As featured in our last edition of 'Telltales', here is the sailing simulator from Royal Talbot at the Rehabilitation Medicine Society of Australia and New Zealand 1st Annual Scientific meeting



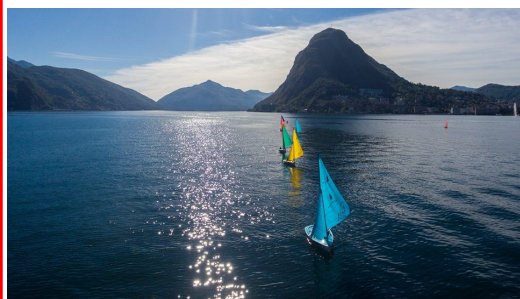
Catch up on these stories and more on the [s4e website](#) and [Facebook page](#). The entire back catalogue of Telltales—dating back to 1999 - are available to search on our website.

Special Olympic sailing in Switzerland



Hansa 303's have been used at the first official Special Olympics regatta in Switzerland.

7 boats with sailors from Switzerland and Italy took part in the 2 day event at Lugano hosted by Circolo Velico Lago di Lugano



The event was organised by Velabili, an organisation that uses their three Hansa 303's to offer sail training and regatta experience to disabled sailors.



Upcoming Events



November 2016

Pan Pacific Masters Games Gold Coast, Queensland November 5-13.
www.mastersgames.com.au

Friendship Cup Canberra, November 26-27. www.sailabilityyact.org

December 2016

George Mac Regatta Brighton, Melbourne, Australia, December 3-4 www.rbyc.org.au

January 2017

ISAF World Cup—Miami. Miami, Florida, USA Jan 22-29 . www.miami.ussailing.org

February 2017

Sail Auckland. Auckland New Zealand Feb 4-6. www.sailauckland.org.nz

WA Hansa Class Championships. Perth, West Australia Feb 4-5. www.ahca.yachting.org.au

NSW Hansa Class Championships. Wallis Lake, New South Wales Feb 11-12 . www.ahca.yachting.org.au

March 2017

NZ Hansa Class Championships. Lake Taupo Mar 11-12. www.yachtingnz.org.nz

April 2017

Combined Asia Pacific Hansa Class Championships. Geelong, Victoria April 14-17 .
www.ahca.yachting.org.au (Incorporating the Victorian and Australian Hansa Class Championships).

May 2017

Sailability Enoshima Regatta . Enoshima, Japan . www.sailability-enoshima.jp

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If you have a story that you would like to share—please send details to Shauna at media@s4e.org